

What our trainees said...

An experience of a lifetime. The chance to meet new people. We started as strangers and ended up as a crew. To do something that looked like endless hard work but find it as something I have enjoyed so much.



It's something that I can't explain by words, because you personally need to feel it and have your own adventure experience that will lead to positive changes in your life and bring you a lot of fun.



This voyage has given me a major confidence boost, I now find it easier to meet and talk to strangers. It has also strengthened my patience as being in close quarters with people can be challenging but it showed me how to handle that.



It gave me a sense of achievement which aided in my self confidence. I managed this challenge and took everything in my stride allowing me to transfer this belief to other aspects within my future life.



I think that each experience sailing is unique. It's unique to you as an individual, the people you are with and the state and mood of the sea at that time. I think that in those unique set of circumstances you discover something really profound about yourself and your relationship with your environment. I think there are few things that stay with you forever, this will.



This experience has helped in many ways; on a personal level I have become a more confident person, something of which I have struggled with in recent times, while I've also developed perseverance through overcoming short-term hardships and challenges. It has really built my confidence for the future.



I felt like I had achieved so much when I got back to Shetland. I had not just made it through a bumpy North Sea crossing, but I had also thoroughly enjoyed it!

It increased my confidence so much. I'm actually excited to try new things now!

I feel really proud of what I achieved and am really happy and confident in my own skin. Whenever I think about my achievement it makes me smile!

Having to go aloft was rather intimidating at first, but I knew I'd regret it if I didn't make it to the top. It took three trips, each one higher than the last, but I made it!

